Cathedral of St. Francis of Assisi

32 Elm Avenue  Metuchen, NJ 08840

Most Rev. James F. Checchio, JCD, MBA
Bishop of Metuchen

Most Rev. Paul G. Bootkoski, D.D.
Bishop Emeritus

Rev. Msgr. Robert J. Zamorski, Rector
Rev. John Werner, Parochial Vicar
Rev. David J. Wejnerowski, Parochial Vicar
Rev. Timothy A. Christy, In Residence

Deacon J.P. Saggese
Deacon Rick Fortune
Deacon Emeritus Frank J. Cammarano
Deacon Emeritus Paul G. Licameli
Deacon Emeritus Guido J. Brosstoni
Deacon Emeritus Ed Olegario, M.D.

RECTORY  32 Elm Avenue, Metuchen, NJ 08840
Office Hours  Monday-Friday, 9:00 am-5:00 pm
Phone  732-548-0100
Emergency Phone  732-710-1416
Website  www.StFrancisCathedral.org
Live Stream  http://cvp.telvue.com/player?id=T05325

SCHOOL  528 Main Street, Metuchen, NJ 08840
BLUE RIBBON SCHOOL

Ann Major, Principal (732-548-3107)
www.StFrancisCathedralSchool.org

WEEKEND MASSES
Saturday Vigil  5:00 and 7:00 pm
Sunday  7:30, 9:00, 10:30 am; 12:00 noon

HOLY DAY MASSES
Vigil  5:00 pm
Feast Day  7:00, 8:00 am; 12:10, 7:00 pm

WEEKDAY MASSES
Monday-Friday  7:00, 8:00 am;
12:10 pm (Rosary 11:45 am)
Thursday  7:30 pm Communion Serv. monthly
Saturday  8:00 am

MORNING PRAYER Monday-Friday 7:40 am

EUCHARISTIC ADORATION  7:00am—11:00pm
(Monday—Friday) Lady Chapel - Parish Center

SACRAMENT OF RECONCILIATION (Penance)
Saturdays  1:00-2:00 pm and 6:00-6:30 pm
or by appointment.
NEW PARISHIONERS are welcome to register by completing a form available in our Parish Office as soon as possible after moving to the area.

EUCHARIST FOR SICK/HOMEBOUND: Phone Rectory (548-0100) and arrangements will be made.

BAPTISM: 1:30 pm by appointment only (most Sundays)

Baptismal Seminar: Pre-registration is required. Attendance during pregnancy is preferable. 7:45 pm, Rectory Meeting Room.

MARRIAGE: Registered parishioner(s) preparing for marriage should contact the rectory one year in advance.

RELIGIOUS EDUCATION CLASSES: Mon, Thurs: 4:00 - 5:05 pm; Tuesday evening: (8th grade) 6:30-7:35 pm.

MARIAN NOVENA/ROSARY: Saturdays after 8:00 am Mass.

R.C.I.A. (Rite of Christian Initiation for Adults) - Those wishing to learn more about/be received into the Catholic Faith - please phone 548-0100. (Sara Sharlow).

SPONSORSHIP: Active practice of the faith, together with registration, is needed for sponsorship certificates and, possibly, the administration of some sacraments.
Masses For The Week...

SUNDAY, July 15 - *Fifteenth Sunday in Ordinary Time*
7:30am - Ethel Fech r/o Jerry & Marlene Yaros
9:00am - Living & Deceased Employees of St. Francis
10:30am - Mildred D’Aloisio r/o Flanigan Family
Noon - Mary McComas r/o Charles A. Barker

MONDAY, July 16 - *Our Lady of Mount Carmel*
7:00am - Kathleen Freund r/o Marie D’Amico & Darrell Hall
8:00am - Margaret Burke r/o Manza Family
12:10pm - Anne Marie Aleski r/o Anna Eosso

TUESDAY, July 17
7:00am - Louise Watson r/o Popino Family
8:00am - Joan Latham r/o Anthony & Mary Colletto
12:10pm - Frank Congro r/o Maureen, Michael & Jack

WEDNESDAY, July 18 - *Saint Camillus de Lellis*
7:00am - Anthony Morelli r/o Annette & John Santilli
8:00am - Sophie Barna r/o Urso, Long & Natkie Families
12:10pm - Silvestro Valasquez Garcia r/o Norma Luna

THURSDAY, July 19
7:00am - Paula Hrehowsik r/o Taxeras Family
8:00am - Joseph Rapach r/o Maureen Rapach
12:10pm - Carmela D’Amico r/o Family

FRIDAY, July 20 - *Saint Apollinaris*
7:00am - James & Margaret Finnegan r/o Family
8:00am - Dr. Evangeline Gatmaitan r/o Norma Luna
12:10pm - Ratna Dewi Tjahjaningsih r/o Family

SATURDAY, July 21 - *Saint Lawrence of Brindisi*
8:00am - Luz Fabul Sarrato r/o Razal Family
5:00pm - Kathy Lynn Yunker r/o Elaine & Bob Yunker
7:00pm - Effie Desa r/o Loydon & Evita Desa

SUNDAY, July 22 - *Sixteenth Sunday in Ordinary Time*
7:30am - Helen Dick r/o Speckin Family
9:00am - Lenny Klein r/o Carol
10:30am - Rosalia & Bolesyaw Konopka r/o Daughter Helena Malinowski
Noon - Mother of Barbara Wolf r/o Lignell Family

The Sanctuary Candles for this week have been donated
in loving memory of

*Richard Czapinski*
by his Mother
(in the Cathedral)

in loving memory of

*Annie Alexander*
by Doc & Grace Alexander
(in The Lady Chapel)
SERVING OVERSEAS: those serving in Covert Operations

DECEASED: Rev. Msgr. John B. Szymanski, John Campo, Joseph Collins, Therese Morgan, David Heuwetter, Jr., John Mac Arthur, Mary Lecky, Eileen Schreck, John DeAmorin

Opportunities For Memorials
Did you know that in addition to Mass intentions for your loved ones you may remember them through the following memorial opportunities:

– Cathedral Vestments Fund: St. Francis Cathedral Parish is in need of Mass and other liturgical vestments: each vestment will be memorialized by embroidery either In Memory of, In Honor of, In Thanksgiving for, etc.. Each vestment begins at $1,000. Vestments needed are:
  1. Principal Celebrant Chasuble
  4. Priest Concelebration Chasubles
  4. Dalmatics (for Deacons)
  1 or more Ceremonial Cope(s) and Humeral Veil(s)

Please contact our Cathedral Parish Executive Assistant, Kara Kwiatkowski, for more information or to make a gift (732-548-0100 x210).

–Altar Flowers: Available weekly in the Cathedral at the High Altar for memorials, weddings and other occasions. Please contact Rectory Office for details.

–Sanctuary Candles: Available weekly in the Cathedral and The Lady Chapel. Donation: $20. Please enclose in an envelope with information and place in collection basket or mail or bring to the Rectory.

–Msgr. Behl St. Francis School Endowment and The St. Francis Scholarship Fund: Memorial gifts may be made to either of these funds which are used to enhance the academic excellence of the parish school and offer tuition assistance. Please inquire at the parish school office for further information.

Online Catholic Gift Store
Ready, Set, SHOP! We have our very own Online Catholic Gift Store! With over 20,000 products, you can shop for everything Catholic from the #1 Catholic store on the Internet, The Catholic Company. Best yet, we receive a percentage of the purchase you make. So just go to our parish homepage on the web and click the SHOP NOW button to start your Catholic shopping experience.

Connections Program
Catholic Charities, Diocese of Metuchen is looking for volunteers, men and women, to participate in one-to-one activities and become a mentor to a youth of Middlesex County and Franklin Township. Do you:
1. Have a minimum of 3 hours a week to offer a child?
2. Like having fun?
3. Want to make a difference in a child’s life?
4. Enjoy being a positive role model?

Then call Jeanette Cullen at 732-738-1323 or email at jcullen@ccdom.org for more information.
Parish Notes...

Rectory Summer Hours
Throughout the summer, the Rectory Office will be open Mondays through Thursdays from 9:00am - 5:00pm; on Fridays from 9:00am - noon.

–SUNDAY: Participate in Summer Choir at 10:30am Mass.

–MONDAY: Youth Group Teen Travel Camp Week 2 begins, 8:00am Mass; CCD summer Religious Education Alternative Program (R.E.A.P.) Begins for more than 200 registered students. Please pray for them and their teachers that they may learn much about Our Lord and grow closer to Him. REAP students should line up in the school yard by 9:00am; Our Lady of Mount Carmel Luncheon at Charlie Brown’s after 12:10pm Mass.

–TUESDAY: Our weekly Prayer Group meets at 1:00pm in Joseph Room.

–WEDNESDAY: Charismatic Pastoral Team meets at 7:30pm in the JPII Room.

–THURSDAY: Body of Christ Prayer Group meets at 8:00pm in the Cathedral Community Room.

–FRIDAY: Members of the Legion of Mary gather at 11:00am in the JPII Room.

–NEXT WEEKEND: As part of the Missionary Cooperation Plan Appeal, Bishop Antonysamy Peter Abir will preach at all Masses on behalf of the Diocese of Sultanpet, Kerala, India which is only 4 years old. Please welcome him warmly and be as generous as your means allow.

Sister Maria Lan and adult chaperones will accompany High School Youth Group students from our parish to Queens, NY for the Steubenville 5,000 Youth Conference which aims at strengthening and inspiring youth, and leading teens closer to Christ. Please pray for them.

–NEXT SUNDAY: Scrip is available for purchase.

Banns of Marriage
I Jennifer Scott/Eric Pugia
II Kimberly Treacy/Jacob Herlihy

A Great Big VBS Thank You
We are grateful to Debra Schurko, along with Danielle Velona and Angela Zipf, Denise Haddad, Nina Wieczorek, Maria Harrison, Religious Education Office and all teachers and aides and parents for making this year’s Vacation Bible School such a success. A special thanks to Nick Schurko and Mike Wieczorek for their hard work on stage design. This year’s VBS adventure was GAME ON! As kids grabbed their megaphones, laced up their cleats, and tuned up their instruments, the players, cheerleaders, and band members came to realize God has given them His ultimate playbook. He wants them to join His team, train hard, celebrate salvation and encourage one another. Trough arts and crafts, Bible stories, singing and dance, they combined fun and learning for a wonderful week. These helpful people made the week a success.

The Missions
In December, 2013 Pope Francis established the Diocese of Sultanpet in the region of Kerala in southwest India. He placed it under the leadership of Bishop Antonysamy Peter Abir. Kerala is a rural state which has a high rate of illiteracy, poverty and unemployment. People often migrate from place to place, hence the education of children is neglected. Since its inception, the Diocese of Sultanpet has built four medium primary schools and three orphanages to provide lodging and basic education for poverty stricken children. It also attends to their medical care. In addition, it has built a Home for the Aged and the Abandoned, whose health care needs it also oversees.

Currently in the Diocese are 45 Priests, 125 Nuns and 35 Seminarians working in 27 Parishes and 56 Mission Centers. It is in need of a Pastoral, Retreat and Commissions Center which will support the formation and training of Seminarians. It needs additional churches in existing parishes so people will have a place to worship. It needs Centers for Relief and Rehabilitation for victims of floods, fire, epidemics, etc. It needs to erect centers for regular training of men and women towards self-sufficiency, and to train and educate future missionaries. It also needs to establish Disease-Prevention Centers to spread health and nutritional awareness to the people of the Diocese.

The Church in the U.S. plays a vital role in this missionary enterprise. Through your prayers and financial support, the Diocese of Sultanpet, which is backward economically and lacking in basic facilities, will be able to achieve its goals. Please be as generous as you can be in next week’s second collection. Thank you.
Summer Choir
Summer Choir will sing on Sundays, July 15, 22 and 29 at 10:30 Mass, with a meet time of 10:15am. It is an informal, multi-generational ensemble of singers open to anyone of any age. We sing the music in unison, adding any harmonies that we are comfortable with. Leaders from the year-round music ministry are present to encourage and support new singers. If you are interested in singing in an ensemble, come to the choir loft at 10:15 on any of these Sundays. Join us.

Mother Seton Regional HS, Clark, N J
732-382-1952; www.motherseton.org
Hello High School
calling ALL incoming freshmen - Girls & Boys!
Sharpen English & Math Skills
July 16 - 20, 9:00am - 12 noon
Seton Summer Academy
July 23 - 27, 2018 for Girls Grades 5 - 8
Various Courses
8:45am - 3:15pm
$275 half-day; $400 full-day
To Register: log on to website or phone

RELIEF FROM PAIN
When we consider all of the things in life that trap, bind, and hinder us, our own inner weaknesses and conflicts loom as the greatest causes. No other person or institution or situation can deprive us of a sense of integrity and dignity as deeply and painfully as we can deprive ourselves. We Christians know that our God releases us from that pain. Isn’t there someone in your life who would like to hear that good news? Invite your relative or your friend to an RCIA Inquiry Session. Inquiry Sessions do not ask for commitments. Inquiry sessions are a place to ask questions about God or about the Catholic Faith. Inquiry Sessions are opened to anyone who is unbaptized, baptized into another Christian Denomination or baptized Catholic but has not received BOTH sacraments of Confirmation and Eucharist. Inquiry sessions are continuing through the summer. Call the RCIA Office at 732-562-1990 x 1633 for more information.

Mike Thompson’s Basketball Camp
at St. Joseph High School, Metuchen
FULL DAY ($250)
9am - 3pm
August 6 - 10
August 13 - 17
Evening ($95)
6 - 8pm
July 16 - 20
July 23 - 27
July 30 - August 3
Mike Thompson is the Head Coach of Saint Joseph High School varsity basketball team. The Falcons finished this year with a 23-5 record, including some tournament wins. All questions should be directed to mthompson@stjoes.org.

Our Lady of Mount Carmel Luncheon
Come join us at 12:10pm Mass on Monday, July 16 for the annual commemoration of the feast of Our Lady of Mount Carmel. Following Mass we will go to Charlie Brown’s Restaurant (Plainfield Avenue, Edison) for those who wish to attend. Come and enjoy a lovely luncheon as you celebrate this beautiful feast day of Our Lady and honor her. Deacon Guido will join us and give a blessing and reflection. If you are interested in attending, please phone Carmela Guarnera (732-549-7587).

SAVE THE DATE!
St. Francis Cathedral School 90th Anniversary Gala
“Start with a Solid Foundation, Finish with a Successful Future.”
Sunday, September 9, 12:30 - 4:30pm
The Pines Manor, Edison
More Information To Follow

SMATER START
The Diocese of Metuchen has schools near you! From Pre-K to 8th Grade, we offer a Smarter Start in school and in life. Call 732-562-2446/metuchencatholiccschools.org/schools/

Become An Apostle of Prayer
A 2 - 3 Minute Daily Commitment
Our Diocesan Office for Persons with Disabilities is seeking people to become Apostles of Prayer - offering prayers each day for those who make requests through our 24 hour prayer line. As a member of the apostolate, you would make a commitment to pray the Prayer for Persons with Earthly Crosses, at least once a day or more often if possible. (A copy of the prayer will be sent to you.) If you are interested in participating in this prayer ministry, please contact our office at 732-765-6432/catholicswithdisabilities@gmail.com. Please leave your name, telephone number and mailing address.

Men’s Group News: The St. Francis Men’s Group will not meet over the summer but will reconvene in September. Tom Thomas: 732-692-4819 or on Facebook at SFC.MensGroup
“Truth shall spring out of the earth, and justice shall look down from heaven.”
-- Psalm 85:12

CALLED BY GOD

Today's scriptures invite us to listen to two calls. The first is the call issued by the Lord to the prophet Amos, the "shepherd and a dresser of sycamores" (Amos 7:14). The second is the call the Lord Jesus issued to the Twelve, whom he sent out "two by two" (Mark 6:7). These faithful people responded to the call, prophesying and preaching to the people to whom they had been sent. Each of us received a call when we were baptized. The second reading invites us to ponder that call as we are reminded that we are chosen in Christ and that, in love, God "destined us for adoption" (Ephesians 1:5). As adopted daughters and sons of God we are called to bring the presence of Christ into our marriages, families, schools, and places of work. Let us be inspired today to say "yes" to the call we hear once again through God's living word.

GOD CHOSE US

Who chose first, God or you? That is the question explored in today's three readings. The second reading, from Paul's Letter to the Ephesians, reads almost like a hymn. It praises God for choosing us, for calling us to serve, and for blessing us in our service. Paul makes it clear how honored we are and how special is the call to live as children of God. This is through no doing of our own.

The first reading and the Gospel use prose rather than poetry to describe the same truth: God did the choosing, not us. When the prophet Amos was berated for being a prophet, he retorted that the whole thing wasn't his idea in the first place. Neither did the twelve apostles in today's Gospel ask for their calling. Jesus sent them forth, two by two, to do the work of his kingdom.
Novena To Saint Ann
The Annual Novena to Saint Ann will once again be hosted by Most Holy Name of Jesus Parish. These days of prayer and praise will begin on Tuesday, July 17. Daily Mass, novena prayers and veneration of the relic will take place at Holy Trinity Church, 315 Lawrie Street, Perth Amboy on weekdays at 7:00pm. On Saturday, July 21, Mass will be celebrated at 4:00pm. On Sunday, July 22, Mass will be celebrated at 10:00am. On Thursday, July 26 at 7:00pm, bilingual Mass will be celebrated in honor of Saint Ann and Saint Joachim and the Closing of the 2017 novena will take place. Call Sharon at 732-442-0512 for additional information.

Rejoice and Be Glad - Gaudete et Exsultate
The Diocesan Office of Adult Faith Formation is sponsoring a presentation by Fr. Gregory Uhrig. Fr. Uhrig will review and discuss Pope Francis’ new Apostolic Exhortation “Gaudete et Exsultate,” Rejoice and Be Glad. It will take place on July 17, 24, 31 from 7:00 - 8:30pm. Each session will cover a different topic. This publication is easy to read and provides practical advice on how to grow spiritually in our busy lives. The cost is $5 for the discussion booklet. All are welcome. To register, call Fr. Uhrig at 732-529-7933 or email guhrig@diometuchen.org

Stress in Your Marriage!
Do you feel lost, alone or bored in your marriage? Are you frustrated, hurt or angry with your spouse? Are you constantly fighting? Or, do you simply shut down? Have you thought about separation or divorce? Does talking about it only make it worse?

Retrovaille is a Lifeline to Help Couples Heal and Renew their Marriages. The program consists of a weekend experience, Friday night to Sunday afternoon, for couples (no group discussions) and six follow-up sessions. During the weekend, presentations are made by three married couples and a priest. Techniques of communication that enable a couple to examine their relationship are presented. All inquiries are confidential.

Next Session: August 24 - 26, 2018. Phone the Diocesan Family Life Office (732-243-4573) for more information or Rich & Annette Colasuonno (732-236-0671) or email 3024@retrovaille.org

“God dwells in a secret and hidden way in all souls, in their very substance, for if God did not, they could not exist at all.”  –St. John of the Cross.

Golden/Silver Wedding Anniversaries
Couples observing 25th or 50th Wedding Anniversaries are cordially invited to celebrate with the Church of Metuchen. Renew your marriage vows at a special Evening Prayer Service celebrated by Bishop James Checchio here in the Cathedral on Sunday, October 21, 2018 at 4:00 p.m. Application forms may be secured by contacting your parish office or by logging on to the diocesan website: www.diometuchen.org/silver and gold.

What’s So Special About St. Ignatius?
Saint Ignatius, soldier, saint, founder of the Jesuits, author of the Spiritual Exercises, has deeply impacted Christians for centuries. Be inspired by this man and his spirituality, and why he and his writings touch so many today. A program about St. Ignatius will be presented at Mount St. Mary House of Prayer in Watchung on July 18 at EITHER 9:30 - 11:30am OR 7:00 - 9:00pm. Cost is $20 - $30 as you are able. Info: 908-753-2091.

Youth Group Teen Travel Camp
-Youth Group Teen Travel Camp 2018 for 6 - 8 graders. All days begin with 8:00am Mass in Cathedral in modest attire. Deposit of $50 due right now to reserve a space/B’way Tickets. Return Form Now - $25 late fee non-returnable. Included is transportation, lunch, drink, snacks. Bring $5, sun block and hat.

WEEK 3 - July 23 - July 27. Fee: $400/week or $85/day or $325/week or $80/day with Season Passes. Return form and non-returnable $50 deposit and $25 late fee. Mon. - Foodbank/ 1 Play American; Tuesday - Trip to Metropolitan Museum, NYC; Wednesday - SVDP/Movie; Thurs-- Hurricane Harbor; Friday - Elijah Promise/Duke Farm Biking.

WEEK 4 - July 30 - August 3 Fee: $400/week or $85/day or $325/week or $80/day with season passes. Return form and non-returnable $50 deposit and $25 late fee. Monday - Hurricane Harbor; Tuesday - Foodbank/JMonster Mini Golf; Wednesday - B’way show in NYC, Wicked; Thursday - Veteran’s Nursing Home/Movie; Friday - Six Flags.

Call Sister Maria Lan: 732-770-2506 or 732-548-0100 x306. Please provide your email address and phone number. Thanks.
NATIONAL NATURAL FAMILY PLANNING AWARENESS WEEK
JULY 22 - 28, 2018
Natural Family Planning - Good for the body. Great for the SOUL!
This Year’s Theme: “Celebrate God’s Gift of Married Love”

MARRIED COUPLES:  You can enhance your marital romance and build a better marriage!
It is never too late to experience the joy natural family planning methods can bring to your relationship. Both spouses are taught to understand the nature of fertility and work with it, either to plan a pregnancy or avoid pregnancy...NFP becomes a shared commitment!

ENGAGED COUPLES: If you are interested in beginning your life together as husband and wife by loving one another naturally it is never too early to learn about natural family planning.

What are the benefits of using NFP?
- Low cost, no harmful side effects, morally acceptable and environmentally friendly
- Effective for achieving, spacing or limiting pregnancy
- Can be used throughout a woman’s reproductive life
- Marriage enrichment and mutual understanding and promotes marital fidelity
- Appreciation for the value of children
- Fosters respect for and acceptance of the total person and honors God’s design for married love

Where can I learn how to use NFP? Call the Family Life Office/Diocese of Metuchen (732) 243-4573 or e-mail family.life@diometuchen.org for more information or to register for classes at a location near your home.

W-E-E-K-AT-A-GLANCE

SUN:  -Summer Choir, 10:30am Mass
MON:  -TEEN TRAVEL CAMP WEEK 2
-REAP Program begins 9am school yard
-Our Lady Mt. Carmel noon Mass/luncheon at Charlie Brown’s
TUE:  -Prayer Group, 1:00pm, JR
WED:  -Charismatic Pastoral team, 7:30pm, JPII
THU:  -Body of Christ Prayer Group, 8:00pm, CCR
FRI:  -Legion of Mary, 11:00am, JPII
-Rectory Closes at noon
SUN:  -Scrip
Next Weekend: Missionary Cooperation Plan Appeal

HURRY!! BGA Boys Basketball Camp
Bishop George Ahr High School (One Tingley Lane, Edison) offers this sports camps during the summer at its own campus.

Date  Mon., July 16 - Fri., July 20
Time  9:00am - 2:00pm
Cost  $150, payable to BGAHS
Place  BGA High School
call 732-549-1108 or email Mwolfthal@bgahs.org.

Eucharistic Ministers - July 21/22
5:00pm  M. Roth, N. Hamilton, D. Reilly, C. Tomaro, E. Munoz, J. Franklin, P. Bershak, K. Garner
7:00pm  K. Konick, C. Saggese, R. & K. Aiello, E. Swan, J.M.Onufre
7:30am  D.Kovach, D.Ulbrich, C./J. Donahue,S.Riolo, J.O’Mara
9:00am  G. Monteleone, A. Cirelli, B. Zatorski, M. D’Amico, R. Quaglia, D. Heyden
10:30am M. Conroy, B. Coakes, R. Baran, F. Corrente, J & J Grigo, D. Pappalardo, J. Bundoc, E. Beyers
12:00pm M. Licameli, M. & J. Hernandez, J. & R. Baker, K. Manchery

Lectors - July 21/22
5:00pm: Maria Tomaro 7:00pm: Kieran Esposito
7:30am: Mary Brossohni 9:00am: Marnie Jeney
10:30am: Sr. Bridget Harakal 12:00pm: Dawn Gomes

Altar Servers - July 21/22
5:00pm: Team 22 7:00pm: Team 23
7:30am: Team 24 9:00am: Team 25
10:30am: Team 1 12:00pm: Team 2