Cathedral of St. Francis of Assisi

32 Elm Avenue  *  Metuchen, NJ  08840

Most Rev. James F. Checchio, JCD, MBA
Bishop of Metuchen

Most Rev. Paul G. Bootkoski, D.D.
Bishop Emeritus

Rev. Msgr. Robert J. Zamorski, Rector
Rev. David J. Wejnerowski, Parochial Vicar
Rev. Edgar A. Madarang, Parochial Vicar

Rev. Timothy A. Christy, V G, In Residence

Mr. David Keyes, Seminarian

Deacon J.P. Saggese
Deacon Rick Fortune
Deacon Kenneth T. Hamilton
Deacon Retired Frank J. Cammarano
Deacon Retired Paul G. Licameli
Deacon Retired Guido J. Brossoni
Deacon Retired Ed Olegario, M.D.

RECTORY  32 Elm Avenue, Metuchen, NJ  08840
Office Hours  Monday-Friday, 9:00 am-5:00 pm
Phone  732-548-0100
Emergency Phone  732-710-1416
Website  www.StFrancisCathedral.org

SCHOOL  528 Main Street, Metuchen, NJ  08840
BLUE RIBBON SCHOOL
Ann Major, Principal (732-548–3107)
www.StFrancisCathedralSchool.org

WEEKEND MASSES
Saturday Vigil  5:00 and 7:00 pm
Sunday  7:30, 9:00, 10:30 am; 12:00 noon

WEEKDAY MASSES
Monday-Friday  7:00, 8:00 am; 12:10pm
(Rosary 11:45 am)
Saturday  8:00 am

MORNING PRAYER  Monday-Friday 7:40 am

EUCHARISTIC ADORATION  7:00am—11:00pm
(Monday—Friday) Lady Chapel - Parish Center

SACRAMENT OF RECONCILIATION (Penance)
Saturdays  1:00-2:00 pm and 6:00pm
or by appointment.

How To Report Sexual Abuse: You are encouraged to contact the Diocesan Response Officer- 908-930-4558
(24 hours/7 days a week) or visit the diocesan website: https://diometuchen.org/report-a-suspected-abuse.
NEW PARISHIONERS are welcome to register by completing a form available in our Parish Office as soon as possible after moving to the area.

EUCHARIST FOR SICK/HOMEBOUND: Phone Rectory (548-0100) and arrangements will be made.

BAPTISM: 1:30pm by appointment only (celebrated on most Sundays)
Baptismal Seminar: Pre-registration is required. Attendance during pregnancy is preferable. 7:45 pm, Rectory Meeting Room.

MARRIAGE: Registered parishioner(s) preparing for marriage should contact the rectory one year in advance.

RELIGIOUS EDUCATION CLASSES: Mon, Thurs: 4:00 - 5:05 pm; Tuesday evening: (8th grade) 6:30-7:35 pm.

MARIAN NOVENA/ROSARY: Saturdays after 8:00 am Mass.

R.C.I.A. (Rite of Christian Initiation for Adults) - Those wishing to learn more about/be received into the Catholic Faith - please phone 548-0100. (Sara Sharlow).

SPONSORSHIP: Active practice of the faith, together with registration, is needed for sponsorship certificates and, possibly, the administration of some sacraments.

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Masses For The Week...

SUNDAY, July 21 - Sixteenth Sunday in Ordinary Time
7:30am  -Rose Abatemarco r/o Angela Verlengeri
9:00am  -Aurora Sirilan r/o Norma Luna
10:30am -William Cullen r/o Patricia De Feo
Noon   -Joan Belmont r/o St. Anthony of Padua Fraternity

MONDAY, July 22 - Saint Mary Magdalen
7:00am  -Ted Saggese r/o Kevin Reilly
8:00am  -Domittrz Irena r/o Family
12:10pm -Lenny Klein r/o Carol

TUESDAY, July 23 - Saint Bridget
7:00am  -Garret Doherty r/o Kevin Reilly
8:00am  -Joyce Martin r/o Angela Verlengeri
12:10pm -Kevin Hamilton r/o Stitt Family

WEDNESDAY, July 24 - Saint Sharbel Makhluf
7:00am  -Antonio Calello r/o Mr. & Mrs. Pasquale Calello
8:00am  -Charles & Mary Licameli r/o Licameli Family
12:10pm -Frances Hoffman r/o Palamarick & Murphy Families

THURSDAY, July 25 - Saint James
7:00am  -Alcide Sacco r/o Reilly Family
8:00am  -Beverly Conti r/o Sheila Tynday
12:10pm -Phyllis Creel r/o Family

FRIDAY, July 26 - Saint Ann & Saint Joachim
7:00am  -Ted Saggese r/o Boris Moczula & Maureen Varley
8:00am  -Cosmo Licameli r/o Licameli Family
12:10pm -Ana Alvira r/o Lucy & John Sivertsen

SATURDAY, July 27
8:00am  -Living & Deceased St. Francis Parishioners
5:00pm  -Patricia Scasserra r/o Family
7:00pm  -Frank Colasuonno r/o Roubo Family

SUNDAY, July 28 - Seventeenth Sunday in Ordinary Time
7:30am  -Ethel Fech r/o Jerry & Marlene
9:00am  -Jim Kover r/o Wife
10:30am -William Darcy r/o Darcy Family
Noon   -Henry Cackowski r/o Wife Mary Ann Cackowski

The Sanctuary Candles for this week
have been donated
in loving memory of

Henry Cackowski
by Mary Ann Cackowski
(in the Cathedral)

in honor of

Sister Mary Edward
by Saint Francis Convent
(in The Lady Chapel)
SERVING OVERSEAS: In Africa: Capt. John F. Dalton IV; for all those serving in Covert Operations


DECEASED: Frank Caminiti, Georgianne Cichy, Frank Dunne, Mary Anne Hale, Fr. Paul Lehman, James McCabe, Cathie Moran, Mother of Ann Murphy, Susan Rubino, Daughter-in-Law of Ruth Skudlarek, Elo Vani

... all those recommended in the Book of Intention

Opportunities For Memorials
Did you know that in addition to Mass intentions for your loved ones you may remember them through the following memorial opportunities:

—*Altar Flowers*: Available weekly in the Cathedral at the High Altar for memorials, weddings and other occasions. Please contact Rectory Office for details.

—*Sanctuary Candles*: Available weekly in the Cathedral and The Lady Chapel. Donation: $20. Enclose in an envelope with information and put in collection basket or mail or bring to Rectory.

—*Msgr. Behl St. Francis School Endowment and The St. Francis Scholarship Fund*: Memorial gifts may be made to either of these funds which are used to enhance the academic excellence of the parish school and offer tuition assistance. Please inquire at the parish or school office for further information.

Dear Cathedral of St. Francis Parishioners,

We thank God for you! We are so grateful for your incredible generosity and outpouring of support for our Baby Bottle Blessings. St. Francis parish family raised $5,412.89! We are truly humbled by your support. Together we are building a legacy of life and love right here in our own backyard.

Your gifts enable us to continue serving families and saving babies by providing the practical, emotional and spiritual support mothers and fathers need when faced with a crisis, unplanned or difficult pregnancy. Your support makes all the difference.

*When a mother chooses life, she has a beautiful army of angels like St. Francis Cathedral behind her.*

Please know that you are in our daily prayers of Thanksgiving.

Your friends at Life Choices Resource Center

God’s Plan For Giving
Tithing
Thank you for your generosity the weekend 7/14:

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Envelopes &amp; Loose Cash</td>
<td>$12,084</td>
</tr>
<tr>
<td>Electronic Offerings</td>
<td>$8,960</td>
</tr>
<tr>
<td>Total</td>
<td>$21,044</td>
</tr>
</tbody>
</table>

**e-Giving**: Please consider using our parish e-Giving program. Sign up at:

[http://www.stfranciscathedral.org/FaithDirect/](http://www.stfranciscathedral.org/FaithDirect/)
Parish Notes...

Rectory Summer Hours

Throughout the summer, the Rectory Office will be open Mondays through Thursdays from 9:00am - 5:00pm; on Fridays from 9:00am - noon.

–MONDAY: CCD Summer Religious Education Alternative Program (R.E.A.P.) continues through Friday at noon for more than 200 registered students. Please pray for them and their teachers that they may learn much about Our Lord and grow closer to Him. REAP students should line up in the school yard by 9:00am; Baptismal Seminar for new parents at 7:45pm in Mary Room for those who have registered.

   Teen Travel Camp Week 5 starts with attendance at 8:00am Mass.

–TUESDAY: Our Lady of Mount Carmel Luncheon at Charlie Brown’s after 12:10pm Mass; our weekly Prayer Group meets at 1:00pm in Joseph Room.

–WEDNESDAY: Every Wednesday, following 12:10pm Mass, parishioners gather in front of the Cathedral to pray the Rosary for the intention of the Year of Consecration to Our Lord through the intercession of Our Lady of Guadalupe.

–THURSDAY: Children who participated in the REAP Program over the past two weeks are invited to attend 12:10pm Mass; Body of Christ Prayer Group, 8:00pm, Community Room.

–FRIDAY: Legion of Mary meets at 11am in the JPII Room.

–NEXT WEEKEND: As part of the Missionary Cooperation Plan Appeal, Sisters from the Mission Helpers of the Sacred Heart will speak on behalf of their Order and its various works. Please welcome them warmly and be as generous as your means allow.

Banns of Marriage

III Lauren Roman/ Garret Van Doren

The Missions

The Mission Helpers of the Sacred Heart began in Baltimore in 1890 when a woman named Mary Frances Cunningham was dismayed that black children in her southwest Baltimore neighborhood could not participate in religious education classes at St. Martin’s Church. With the aid of Cardinal James Gibbons, Ms. Cunningham organized classes for the children and then formed a religious congregation of women, The Mission Helpers opened their convent and ministered to the poor, neglected and disabled through a day care center, a school for the deaf, an industrial a school and a laundry.

The Order is different from other religious congregations because they are not tied to specific parishes, schools or colleges. Instead, each sister finds her own calling, whether among the poor, in schools or hospitals or parishes, or with groups on the edges of society, such as abused women or special-needs children or AIDS patients. They are known worldwide for their “Adaptive Way” of teaching Religion, which they have done from the most rural, remote places to the Archdiocese of Washington, D.C.. They also go door-to-door inviting Catholics back to the Church. Currently they minister from Baltimore to Arizona, as well as in Puerto Rico and Venezuela. Their headquarters is now home to the Asylee Women’s Enterprise, a support group for women waiting to apply for asylum, and the P. Francis Murphy Initiative for Peace & Justice.

On the weekend of July 27-28, Sr. Maria Luz Ortiz, and Sr. Onellys Villegas, Mission Helpers of the Sacred Heart from Baltimore, MD will speak at the Masses and share their missionary experiences with us. Through your prayers and financial support, the Mission Helpers will be able to continue their work of bringing Christ to others, wherever they may live. Please be as generous as you can be in next week’s second collection.
Lighting Hearts On Fire
Diocesan Marian Consecration Preparation Year
December 12, 2018 - December 12, 2019
Bishop Checchio will consecrate the Diocese of Metuchen to Our Lord through the intercession of Our Lady of Guadalupe in 2019. A year-long preparation process was launched December 12, 2018, the feast of Our Lady of Guadalupe, with Evening Prayer at the Cathedral. Bishop Checchio’s intention for this year is that each one of us opens our heart wide to God’s grace so that authentic spiritual renewal can take place. We implore Our Lady’s intercession on our behalf.
During this year of preparation, our Diocese has planned several events that offer an opportunity to “light hearts on fire.” One of these opportunities is the Traveling Prayer Kit. It includes a framed image of Our Lady, a crucifix, a votive candle, holy water, rosary beads and prayer cards. Individuals and families are urged to pray and prepare for consecration by hosting a traveling image of Our Lady of Guadalupe in their homes for a week. Kits are handed out at the Mass of your choosing. Fill out the form below and return to the Rectory or Sign up at: info@stfranciscathedral.org.

Hosting The Traveling Prayer Kit
Name_____________________________________
Daytime Phone No.____________________
E-mail address________________________
Date You would like to Host_____________
5:00pm 7:00pm 7:30am
9:00am 10:30am 12:00noon

SFCSchool Announces 2019 Scholarships
The following is a list of SFCSchool eighth grade students who have been offered annual scholarships to various Catholic High Schools. These students have been offered approximately $108,500 in recognition of their academic accomplishments. We are very proud of their achievements. Congratulations to all the awardees and their families and teachers!

Bishop George Ahr High School
Giana Austria Justin Bautista
Isabella Danner Jane Lederman
Jada Manaloto Jessica Markert
Patrick Regis Heather Yu

Immaculata High School
Jane Lederman Patrick Regis

Mother Seton Regional
Giana Austria Jillian Bonavia
Jane Lederman Lilian Stead
Heather Yu

Mount St. Mary
Isabella Danner Jane Lederman

Oratory Prep
Alejandro Ruiz

Roselle Catholic
Justin Bautista Isabella Danner

St. Joseph High School
Vincent Genna Patrick Regis
Alejandro Ruiz Nicholas Simeone

Seton Hall Prep
Alejandro Ruiz

Union Catholic High School
Giana Austria Isabella Danner

Keep up with Bishop Checchio around the diocese. The Bishop’s schedule and more can be found on our diocesan website: http://diometuchen.org/bishop

Bishop George Ahr- St. Thomas Aquinas H.S.
Fiftieth Anniversary Celebration
Saturday, September 8, 2019
Family Open House - 10:00am - 2:00pm
Cost: $5.00 per person
Mass with Bishop Checchio at 4:00pm
(Ticketed event - No Cost)
50th Anniversary Gala & Awards - 5:30pm
$100 per person
all events take place at the school
Visit www.bgahs.org/50th
(only 300 tickets - order by August 15)
Direct questions to jroche@bgahs.org
“It is Christ whom we proclaim, admonishing everyone and teaching everyone with all wisdom, that we may present everyone perfect in Christ.”

-- Colossians 1:28b

DON'T BE ANXIOUS

One can wonder how Luke's Gospel passage today might have been different if Mary, not Martha, had been the one to complain to Jesus, if Mary had said "Lord, look at her! Here you are sharing your wisdom and all she can think about is supper." Jesus may have noted, as Luke does, that Martha was burdened with much serving. Later in his writings, this same evangelist will describe in Acts how the early community set aside people whose ministry it is to see to the serving at table.

As a fully human person, Jesus knew the human needs that had to be tended. He doesn't deny this, nor does he chastise Martha for her working in service. He chides her for being anxious and worried. How can Martha--or any of us--be anxious or worried about the serving that needs to be done when we do it in the context of the Lord's will and wisdom? The Church has done more than any other institution to bear the heavy burdens of serving the ill, the uneducated, the suffering; has been "Martha" to countless of the little ones whom Christ told us were his very presence. But the Church has borne the burdens of service from the position of Mary: at the feet of the Lord, listening to and being guided by His word.

LISTEN

The first reading tells of the "annunciation" of the birth of Isaac. It begins with the appearance of the "three men" and illustrates God's active role in our history. The second reading treats a universal experience--suffering. Paul sees suffering as the mark of discipleship. He finds joy in the suffering he endures because it is for the sake of the church. The Gospel paints a lovely picture of Jesus at rest among His friends. Luke has placed the incident right after the parable of the Good Samaritan. We now hear Jesus' call to sit quietly and listen to the word of God. We have to be like both of the sisters. Even in our harried and noisy world, there is an insistent call to sit back quietly and listen to Jesus.
Fr. Greg’s Summer School
Each week Fr. Greg Uhrig will present classes on various topics of interest to Catholics today. Classes will be held on Tuesday nights, 7 to 8:30pm and on Wednesday mornings, 10 - 11:30am at the St. John Neumann Pastoral Center. The Tuesday night class is repeated on Wednesday mornings. There is no fee.

July 23 & 24: “Christus Vivit” Pope Francis’ writing on youth in the Church.
July 30 & 31: Our Lady of Guadalupe.
August 6 & 7: Heaven and Helml in the Bible.

Novena To Saint Ann
The Annual Novena to Saint Ann will once again be hosted by Most Holy Name of Jesus Parish. These days of prayer and praise will continue until July 26. Daily Mass, novena prayers and veneration of the relic will take place at Holy Trinity Church, 315 Lawrie Street, Perth Amboy on week nights at 7:00pm. Some liturgies will be celebrated in English; some liturgies will be celebrated in Spanish. On Saturday, July 20, Mass will be celebrated at 4:00pm. On Sunday, July 21, Mass will be celebrated at 10:00am. On Friday, July 26 at 7:00pm, bilingual Mass will be celebrated in honor of Saint Ann and Saint Joachim and the Closing of the 2019 Novena will take place. Call Sharon at 732-442-0512 for additional information.

NJ Independent Victim Compensation Program
As announced in February, the Diocese of Metuchen established an Independent Victim Compensation (IVCP) Program to compensate those who, as children or young adults, were sexually abused by a priest or deacon of the Diocese. The IVCP will be open to claims from June 15 and will conclude on December 31, 2019. All individual claims must be submitted during this period. Victims of clergy sexual abuse of a minor can begin the process of utilizing the program by going to www.njdiocesesivcp.com and reviewing the protocol for submitting a claim. IVCP is an important step in aiding victims in seeking justice and healing as we journey together as a Church toward a new day.

HOW TO MAKE THE RIGHT LIFE CHOICES
"Life is what you make it" because life is fundamentally the result of choices we make. There are many circumstances in life over which we have no control, but how we allow circumstances to affect us is also a matter of our own choosing; we make or break ourselves by the attitudes and perceptions we choose to maintain. Making choices among many good options is always easier if we are clear about our priorities. What really counts in life? What really matters? In the long run what better serves our development and happiness? On our deathbed, what will we repent not having done? If you, or someone you know would like to hear more about how our Catholic faith family helps us to answer those questions and set priorities in favor of enhanced living, we invite you to join us at an inquiry session. Inquiry sessions do not assume a commitment to join the Catholic faith family. Inquiry sessions are opportunities to ask questions about God, Jesus, the Catholic faith. All who are unbaptized, baptized into another faith denomination, or baptized Catholic but have not received Eucharist or Confirmation, are invited. Inquiry sessions are for those who wish to inquire, explore, and search for ways to grow in relationship with God. For more info, call Sara – 732-562-1990 x 1633.

All Pastoral Musicians are invited to Attend a Summer Seminar for Skills
Attend this workshop on Saturday, July 27 from 9:00am - 2:00pm at St. Elizabeth Ann Seton Parish, Three Bridges. It is hosted by the Diocese of Metuchen’s Office of Worship and the Metuchen Chapter of the National Association of Pastoral Musicians. The day will begin with Morning Prayer, followed by your choice of one breakout session. After breakout sessions, the group will reconvene for a panel discussion and lunch. For facility and hospitality planning, advance registration is requested.
The cost to attend is $35 per person for advance registration and $40 per person for onsite registration. Lunch is included. Visit diometuchen.org/NPM. This seminar is the second in a three-year series that will be held the last Saturday in July of 2018, 2019, 2020.

“Among the attributes of God, although they are all equal, mercy shines with even more brilliance than justice.” –Miguel de Cervantes
Social Concerns

45 Library Place - Metuchen 08840 - Parish Center

732-548-0100 x225

–Our Food Pantry is open for people who are in need. Please call the above number. Please place donations in the Social Concerns Bin located in Cathedral vestibule. For information, call above number. Thanks so much.

–Friendly Visitors: Looking for volunteers to be part of the Social Ministry as Friendly Visitors to the elderly. This entails a once or twice a week visitation to the Veterans Home and/or Roosevelt Hospital Care Center. Call Social Concerns at 732-548-0100 x225.

–Life Choices Resource Center, Metuchen is seeking a volunteer bi-lingual interpreter (English & Spanish) to help with clients. If interested, call Social Concerns at 732-548-0100 x225.

–SFCathedral seeking a Volunteer Facilitator for its Separated & Divorced Ministry. The right person will be emphatic and exhibit acceptance of those who are divorced. Candidate must have correct knowledge of the Church’s teaching regarding divorce/remarriage. Candidate must be a good listener, since participants want to share their journey with others, without advice or criticism. If interested, call 732-548-0100 x225.

–Help Support Catholic Charities: Please support our local poverty relief services by donating gently used clothing, bedding, shoes, small household items. A Drop Box is located in our CYO parking lot and at Edison Family Service Center, 26 Safran Avenue, Edison. Contact 1-877-343-3651.

JOB BANK: Looking for caring individual to help a female senior citizen with daily routine, errands, meal prep, companionship. Call Soc. Con.: 732-548-0100x225

Family Day Trips

–NYC Broadway Wednesday Matinee to see Beetlejuice on July 24 at 1:00pm, $85. Call Sister Maria Lan: 732-770-2506.


–October 5: Saturday coach bus trip to NYC to see a 2:00pm performance of The Lion King. Cost before Sept. 1: $150pp; Cost after Sept. 1: $160pp. For more info, call Sr. Maria Lan at 732-770-2506.

Eucharistic Ministers - July 27/28

5:00pm M. Roth, N. Hamilton, D. Reilly, C. Tomaro, E. Munoz, J. Franklin, P. Bershak, K. Garner

7:00pm K. Konick, C. Saggese, R. & K. Aiello, E.Swan, J.M.Onufer

7:30am D.Kovach, D.Ulbrich, C&J.Donahue, S. Rilo, 9:00am G.Monteleone, A. Cirelli, B. Zatorski, M.D’Amico,R.Quaglia, D. Heyden

10:30am M. Conroy, B. Coakes, R. Baran, F. Corrente, J Grigo, J.Bundoc, E.Beyers

12:00pm M.Licameli, M. & J. Hernandez, J.& R. Baker, K. Manchery

Lectors - July 27/28

5:00pm:Maria Tomaro 7:00pm:KieranEsposito

7:30am:David Keyes 9:00am: Marnie Jeney

10:30am:Sr.Bridget Harakal 12:00pm: Dawn Gomes

Altar Servers - July 27/28

5:00pm Team 10 7:00pm Team 11

7:30am Team 12 9:00am Team 13

10:30am Team 14 12:00pm Team 15

Men’s Group News

The St. Francis Men’s Group will be gathering for another Summer Social at Charlie Brown’s Steakhouse, Edson. Old and new members are invited on Tuesday, July 23 at 7:30pm. For information, contact Tom Thomas at 732-692-4819 or on Facebook at SFC.MensGroup.

Save The Date - - Sun., Sept. 15 - Parish Picnic

1:00 - 5:00pm on the grounds of St. Joseph High School. An afternoon of good fellowship, barbecued burgers and hot dogs, soft drinks and fun! Bring lawn chairs, relax and enjoy the games and activities for kids. Music by a D.J. Contact Tom Thomas, SFC Mens group: sfc.mensgroup@gmail.com or at 732-692-4819.